

Caring for Clarkston

Pantry Grocery List – Frequently Requested Items

Because this pantry is part of our wellness initiative, we do ask donors to think twice before dropping ramen noodles and frosted cereals in donation barrels. Many commonly donated foods are high in salt, sugar or calories, making them poor choices for people with high blood pressure, diabetes and other diet-related health problems. With more people turning to our food pantry and for longer periods of time, we need donations but we'd like to see people give the kind of healthy and nutritious items they'd serve to their own families.

Please remember to check expiration dates. Our policy is to discard expired food.

Canned Meats (Fish, Chicken and Pork)	Sugar
Fruits	Flour
Vegetables	Cooking Oil
Soups	Drinks/Juice
Stews/Chili Ravioli	Diapers/Wipes
Peanut Butter	Baby Food
Jelly	Infant Formula
Rice	Feminine Products
Potatoes	Deodorant
Bread	Toothpaste
Pasta (Noodles and Mac & Cheese)	Toothbrushes
Crackers	Tissue
Pasta Sauces	Toilet Paper
Canned tomatoes	Plastic bags
Beans (Canned or Dry)	

THANK YOU!

